

## **Explore: Flowers**

- What plants can you see in your garden or when you're out for a walk?
- Here are some you might spot



Heather: An important food source for deer, mountain hares and sheep. It can also be used to make honey, tea, and wine!





**Daisy:** Their names comes from the old English for 'days end', as daisies close their petals at night and reopen them in the morning.

Dandelions: Often seen as just a weed, dandelions have many uses, and can be made into tea, dyes, and food!





**Thistle:** The oldest recorded national flower, this Scottish symbol has prickly leaves protecting it from being eaten by wildlife.